



emzi HIGH SCHOOL Alignment to CASEL Competencies

Domain	Grade 9	Grade 10	Grade 11	Grade 12
Self Awareness	Module 1: Your Predicting Brain, Emotional Granuality Module 3: Reflection, Healthy Relationships Module 4: Problem Solving, Empathy and Compassion Module 5: Resiliency and Perseverance	Module 1: Your predicting Brain Module 3: Public Speaking Module 4: Respect and Relationships, Conflict Resolution Module 5: Overcoming Obstacles with Optimism	Module 1: Your predicting Brain Module 4: Problem and Conflict Resolution, Giving and receiving help, Consequences of peer pressure Module 5: Resiliency and perseverance	Module 1: Your predicting Brain Module 4: Empathy and Compassion Module 5: Overcoming Obstacles with Optimism
Self Awareness	Module 3: Reflection Module 4: Gratitude, Problem Solving, Empathy and Compassion	Module 1: Point of View Module 3: Public Speaking Module 4: Gratitude, Conflict Resolution	Module 1: Persepctive Module 3: Getting Your Point Across Module 4: Gratitude, Problem and Conflict Resolution, Giving and receiving help	Module 1: Skills, abilities, Interests, and careers Module 4: Empathy and Compassion, Gratitude
Self Awareness	Module 1: Your Predicting Brain, Emotional Granuality Module 2: Stress Management: Mandalas Module 3: Reflection Module 4: Being Assertive and Using Refusal Strategies	Module 1: Your predicting Brain, Stregnths and Interests, Point of View Module 2: Stress Management: Zentangles Module 3: Standing Up for Yourself	Module 1: Your predicting Brain Module 2: Using yoga for stress Management Module 3: Getting Your Point Across, Being Assertive Without Being Aggressive	Module 1: Your predicting Brain, Skills, abilities, Interests, and careers Module 2: Using meiditation for stress Management Module 3: Standing Up for Yourself and others Module 4: Teamwork and Collaboration
Self Awareness	Module 3: Reflection Module 4: Problem Solving, Empathy and Compassion Module 5: Resiliency and Perseverance	Module 1: Point of View Module 3: Standing Up for Yourself Module 4: Respect and Relationships, Conflict Resolution Module 5: Overcoming Obstacles with Optimism	Module 1: Persepctive Module 3: Getting Your Point Across Module 4: Problem and Conflict Resolution Module 5: Resiliency and perseverance	Module 3: Standing Up for Yourself and others, Respectful Discussions Module 4: Empathy and Compassion Module 5: Overcoming Obstacles with Optimism



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Domain	Grade 9	Grade 10	Grade 11	Grade 12
Self Awareness	Module 1: Growth Mindset, Values Module 2: SCOPE-IT Strategy Module 4: Problem Solving, Being Assertive and Using Refusal Strategies, Empathy and Compassion Module 5: SMART Goals, Resiliency and Perseverance, Flexible Thinking	Module 1: Strengths and Interests, Values Module 2: SCOPE-IT Strategy Module 3: Public Speaking, Standing Up for Yourself, Agree to Disagree Module 4: Respect and Relationships, Conflict Resolution, Negotiation Module 5: SMART Goals, Overcoming Obstacles with Optimism, Flexible Thinking	Module 1: Character Strength Module 2: SCOPE-IT Strategy Module 3: Getting Your Point Across, Being Assertive Without Being Aggressive, Effective Communication Skills Module 4: Problem and Conflict Resolution, Giving and receiving help Module 5: Growth Mindset, SMART Goals, Resiliency and perseverance	Module 1: Growth Mindset, Skills, abilities, Interests, and careers Module 2: SCOPE-IT Strategy Module 4: Empathy and Compassion Module 5: SMART Goals, Flexible Thinking
Self Awareness	Module 1: Values Module 2: SCOPE-IT Strategy, Body Budget: Eating Healthy Module 3: Apologize and Forgiveness Module 4: Problem Solving, Being Assertive and Using Refusal Strategies Module 5: SMART Goals, Resiliency and Perseverance, Flexible Thinking	Module 1: Strengths and Interests, Values, Integrity and Values Module 2: SCOPE-IT Strategy, Body Budget: Exercise Module 3: Public Speaking, Standing Up for Yourself, Agree to Disagree, Conflict Resolution Module 4: Negotiation Module 5: SMART Goals, Overcoming Obstacles with Optimism, Flexible Thinking	Module 1: Character Strength, Ethics and Integrity Module 2: SCOPE-IT Strategy, Balancing you body budget with sleep Module 3: Getting Your Point Across, Being Assertive Without Being Aggressive, Effective Communication Skills Module 4: Problem and Conflict Resolution, Giving and receiving help Module 5: SMART Goals, Resiliency and perseverance	Module 1: Skills, abilities, Interests, and careers, Purpose Module 2: SCOPE-IT Strategy, Balancing you body budget with mental focus Module 3: Standing Up for Yourself and others, Apologies and Forgiveness Module 5: Overcoming Obstacles with Optimism, SMART Goals, Flexible Thinking



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Domain	Grade 9	Grade 10	Grade 11	Grade 12
Self Awareness	Module 2: Body Budget: Eating Healthy	Module 1: Strengths and Interests, Point of View Module 2: Body Budget: Exercise Module 3: Public Speaking Module 4: Respect and Relationships, Negotiation	Module 1: Character Strength, Persepective Module 2: Balancing you body budget with sleep	Module 1: Skills, abilities, Interests, and careers Module 3: Respectful Discussions Module 4: Teamwork and Collaboration
Self Awareness	Module 1: Growth Mindset Module 3: Reflection, Healthy Relationships, Apologize and Forgiveness Module 4: Problem Solving, Being Assertive and Using Refusal Strategies, Empathy and Compassion Module 5: Resiliency and Perseverance, Flexible Thinking	Module 1: Point of View, Standing Up for Yourself Module 3: Agree to Disagree Module 4: Conflict Resolution Module 5: Overcoming Obstacles with Optimism, Flexible Thinking	Module 1: Persepective Module 3: Getting Your Point Across, Being Assertive Without Being Aggressive Module 4: Problem and Conflict Resolution, Consequences of peer-pressure Module 5: Growth Mindset, Resiliency and perseverance	Module 1: Growth Mindset Module 3: Standing Up for Yourself and others, Apologies and Forgiveness, Module 4: Empathy and Compassion Module 5: Overcoming Obstacles with Optimism, Flexbile Thinking
Self Awareness		Module 1: Strengths and Interests Module 4: Respect and Relationships, Negotiation	Module 1: Character Strength Module 3: Effective Communication Skills Module 4: Consequences of peer-pressure	Module 1: Skills, abilities, Interests, and careers Module 3: Respectful Discussions Module 4: Teamwork and Collaboration



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Domain	Grade 9	Grade 10	Grade 11	Grade 12
Self Awareness	<p>Module 1: Values</p> <p>Module 2: SCOPE-IT Strategy, Body Buedget: Eating Healthy</p> <p>Module 3: Reflection, Healthy Relationships, Apologize and Forgiveness</p> <p>Module 4: Problem Solving, Being Assertive and Using Refusal Strategies</p> <p>Module 5: SMART Goals, Resiliency and Perseverance, Flexible Thinking</p>	<p>Module 1: Strengths and Interests, Values, Integrity and Values</p> <p>Module 2: SCOPE-IT Strategy, Body Buedget: Exercise</p> <p>Module 3: Public Speaking, Standing Up for Yourself</p> <p>Module 4: Respect and Relationships, Conflict Resolution, Negotiation</p> <p>Module 5: SMART Goals, Overcoming Obstacles with Optimism, Flexible Thinking</p>	<p>Module 1: Character Strength, Ethics and Integrity</p> <p>Module 2: SCOPE-IT Strategy, Balancing you body budget with sleep</p> <p>Module 3: Getting Your Point Across, Being Assertive Without Being Aggressive, Effective Communication Skills</p> <p>Module 4: Problem and Conflict Resolution, Consequences of peer pressure</p> <p>Module 5: SMART Goals, Resiliency and perseverance</p>	<p>Module 1: Skills, abilities, Interests, and careers, Purpose</p> <p>Module 2: SCOPE-IT Strategy, Balancing you body budget with mental focus</p> <p>Module 3: Standing Up for Yourself and others, Apologies and Forgiveness, Respectful Discussions</p> <p>Module 5: Overcoming Obstacles with Optimism, SMART Goals, Flexbile Thinking</p>
Self Awareness	<p>Module 2: SCOPE-IT Strategy, Body Buedget: Eating Healthy</p> <p>Module 4: Being Assertive and Using Refusal Strategies</p> <p>Module 5: SMART Goals, Resiliency and Perseverance, Flexible Thinking</p>	<p>Module 1: Strengths and Interests</p> <p>Module 2: SCOPE-IT Strategy, Body Buedget: Exercise</p> <p>Module 3: Public Speaking, Standing Up for Yourself, Agree to Disagree</p> <p>Module 4: Respect and Relationships, Negotiation</p> <p>Module 5: SMART Goals, Overcoming Obstacles with Optimism, Flexible Thinking</p>	<p>Module 1: Character Strength</p> <p>Module 2: SCOPE-IT Strategy, Balancing you body budget with sleep</p> <p>Module 3: Getting Your Point Across, Being Assertive Without Being Aggressive</p> <p>Module 4: Problem and Conflict Resolution</p> <p>Module 5: SMART Goals, Resiliency and perseverance</p>	<p>Module 1: Skills, abilities, Interests, and careers, Purpose</p> <p>Module 2: SCOPE-IT Strategy, Balancing you body budget with mental focus</p> <p>Module 3: Standing Up for Yourself and others</p> <p>Module 5: Overcoming Obstacles with Optimism, SMART Goals, Flexbile Thinking</p>



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Self Awareness	<p>Module 1: Growth Mindset, Values</p> <p>Module 3: Reflection, Healthy Relationships, Apologize and Forgiveness</p> <p>Module 4: Problem Solving, Being Assertive and Using Refusal Strategies, Empathy and Compassion</p> <p>Module 5: SMART Goals, Resiliency and Perseverance, Flexible Thinking</p>	<p>Module 1: Values, Strengths and Interests, Integrity and Values, Point of View</p> <p>Module 3: Public Speaking, Standing Up for Yourself, Agree to Disagree</p> <p>Module 4: Respect and Relationships, Conflict Resolution, Negotiation</p> <p>Module 5: SMART Goals, Overcoming Obstacles with Optimism, Flexible Thinking</p>	<p>Module 1: Character Strength, Ethics and Integrity, Persepective</p> <p>Module 3: Getting Your Point Across, Being Assertive Without Being Aggressive, Effective Communication Skills</p> <p>Module 4: Problem and Conflict Resolution</p> <p>Module 5: Growth Mindset, SMART Goals, Resiliency and perseverance</p>	<p>Module 1: Growth Mindset, Skills, abilities, Interests, and careers</p> <p>Module 3: Standing Up for Yourself and others, Apologies and Forgiveness, Respectful Discussions</p> <p>Module 4: Empathy and Compassion</p> <p>Module 5: Overcoming Obstacles with Optimism, SMART Goals, Flexbile Thinking</p>
Self Management	<p>Module 1: Your Predicting Brain, Growth Mindset, Emotional Grannuality</p> <p>Module 2: Stress Management: Mandalas, Body Budget: Eating Healthy</p> <p>Module 4: Gratitude, Problems Solving, Emaphy and Compassion, Being Assertive and Using Refusal Strategies</p> <p>Module 5: Flexible Thinking, Resilience and Perseverance</p>	<p>Module 1: Your Predicting Brain, Strength and Interests, Point of View</p> <p>Module 2: Stress Management: Zentangles, Balancing your budy budget: exercise</p> <p>Module 3: Standing Up for Yourself and others, Agree to Disagree</p> <p>Module 4: Gratitude, Conflict Resoultion, Negotiation, Respect</p> <p>Module 5: Overcoming Obstacles with Optimism, Flexible thinking</p>	<p>Module 1: Your Predicting Brain, Character Strength, Perspective</p> <p>Module 2: Using yoga for stress Management, Balancing your budy budget with sleep</p> <p>Module 3: Effective Communication Skills, Being Assertive Without Being Aggressive, Getting Your Point Across</p> <p>Module 4: Gratitude, Problems and Conflict Resoultion</p> <p>Module 5: Growth Mindset, Resilience and Perseverance</p>	<p>Module 1: Your Predicting Brain</p> <p>Module 2: Using Meditation for Stress Management, Balancing your budy budget with mental focus</p> <p>Module 3: Respectful Discussions, Standing Up for Yourself and others</p> <p>Module 4: Empathy and Compassion, Gratitude</p> <p>Module 5: Overcoming Obstacles with Optimism, Flexible thinking</p>



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Self Management	Module 1: Your Predicting Brain, Growth Mindset, Emotional Grannuality Module 2: Body Budget: Eating Healthy Module 3: Reflection Module 4: Gratitude, Problems Solving, Emapthy and Compassion Module 5: Flexible Thinking, Resilience and Perseverance	Module 1: Your Predicting Brain Module 2: Balancing your body budget: exercise Module 4: Gratitude, Conflict Resoultion, Negotiation Module 5: Overcoming Obstacles with Optimism, Flexible thinking	Module 1: Your Predicting Brain Module 2: Balancing your body budget with sleep Module 4: Gratitude, Problems and Conflict Resoultion Module 5: Growth Mindset, Resilience and Perseverance	Module 1: Your Predicting Brain Module 2: Balancing your body budget with mental focus Module 4: Empathy and Compassion, Gratitude Module 5: Overcoming Obstacles with Optimism, Flexible thinking
Self Management	Module 1: Your Predicting Brain, Growth Mindset, Emotional Grannuality Module 3: Reflection, Apologies and Forgiveness Module 4: Gratitude, Problems Solving, Emapthy and Compassion, Being Assertive and Using Refusal Strategies Module 5: SMART Goals	Module 1: Your Predicting Brain, Strength and Interests, Point of View Module 3: Standing Up for Yourself and others, Agree to Disagree Module 4: Gratitude, Conflict Resoultion, Negotiation Module 5: SMART Goals	Module 1: Perspective, Your Predicting Brain Module 3: Effective Communication Skills, Being Assertive Without Being Aggressive, Getting Your Point Across Module 4: Gratitude, Problems and Conflict Resoultion Module 5: Growth Mindset, Resilience and Perseverance, SMART Goals	Module 1: Your Predicting Brain Module 3: Standing Up for Yourself and others, Apologies and Forgiveness Module 4: Empathy and Compassion, Gratitude Module 5: SMART Goals



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Domain	Grade 9	Grade 10	Grade 11	Grade 12
Self Management	Module 1: Your Predicting Brain, Growth Mindset, Values Module 2: SCOPE it strategy Module 4: Being Assertive and Using Refusal Strategies Module 5: SMART Goals	Module 1: Your Predicting Brain, Strength and Interests, Integrity and Values Module 2: SCOPE it strategy Module 3: Public speaking, Standing Up for Yourself and others Module 5: SMART Goals	Module 1: Your Predicting Brain, Character Strength, Ethics and Integrity Module 2: SCOPE IT Strategy Module 3: Effective Communication Skills, Being Assertive Without Being Aggressive, Getting Your Point Across Module 5: SMART Goals	Module 1: Your Predicting Brain, Skills, Abilities, Interests, and Career, Purpose, Growth Mindset Module 2: SCOPE it strategy Module 3: Standing Up for Yourself and others Module 5: SMART Goals
Self Management	Module 1: Growth Mindset Module 3: Healthy Relationships Module 4: Being Assertive and Using Refusal Strategies Module 5: SMART Goals, Flexible thinking	Module 1: Strength and Interests, Perspective, Point of View Module 3: Public speaking, Agree to Disagree Module 4: Negotiation, Respect Module 5: SMART Goals, Overcoming Obstacles with Optimism, Flexible thinking	Module 1: Perspective Module 3: Effective Communication Skills, Being Assertive Without Being Aggressive, Getting Your Point Across Module 5: SMART Goals, Growth Mindset	Module 1: Purpose, Growth Mindset Module 3: Respectful Discussions Module 4: Teamwork and collaboration Module 5: SMART Goals, Overcoming Obstacles with Optimism, Flexible thinking
Self Management	Module 1: Growth Mindset, Values Module 2: SCOPE it strategy Module 3: Reflection Module 5: SMART Goals	Module 1: Values, Strength and Interests, Point of View, Integrity and Values Module 2: SCOPE it strategy Module 3: Standing Up for Yourself and others Module 5: SMART Goals	Module 1: Character Strength, Perspective, Ethics and Integrity Module 2: SCOPE IT Strategy Module 3: Being Assertive Without Being Aggressive Module 5: SMART Goals	Module 1: Skills, Abilities, Interests, and Career, Purpose, Growth Mindset Module 2: SCOPE it strategy Module 3: Standing Up for Yourself and others Module 5: SMART Goals



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Domain	Grade 9	Grade 10	Grade 11	Grade 12
Self Management	<p>Module 1: Growth Mindset, Values</p> <p>Module 2: SCOPE it strategy</p> <p>Module 5: SMART Goals, Flexible Thinking, Resilience and Perseverance</p>	<p>Module 1: Values, Strength and Interests, Point of View, Integrity and Values</p> <p>Module 2: SCOPE it strategy</p> <p>Module 3: Standing Up for Yourself and others</p> <p>Module 5: SMART Goals, Flexible thinking</p>	<p>Module 1: Character Strength, Perspective, Ethics and Integrity</p> <p>Module 2: SCOPE IT Strategy</p> <p>Module 5: Growth Mindset, Resilience and Perseverance, SMART Goals</p>	<p>Module 1: Skills, Abilities, Interests, and Career, Purpose, Growth Mindset</p> <p>Module 2: SCOPE it strategy</p> <p>Module 3: Standing Up for Yourself and others,</p> <p>Module 5: SMART Goals, Flexible thinking</p>
Self Management	<p>Module 1: Growth Mindset, Values</p> <p>Module 2: SCOPE it strategy</p> <p>Module 4: Problems Solving, Empathy and Compassion, Being Assertive and Using Refusal Strategies</p> <p>Module 5: Flexible Thinking, Resilience and Perseverance</p>	<p>Module 1: Values, Strength and Interests, Point of View, Integrity and Values</p> <p>Module 2: SCOPE it strategy</p> <p>Module 3: Public speaking, Standing Up for Yourself and others, Agree to Disagree</p> <p>Module 4: Conflict Resolution</p> <p>Module 5: Flexible Thinking, Overcoming Obstacles with Optimism</p>	<p>Module 1: Character Strength, Perspective, Ethics and Integrity</p> <p>Module 2: SCOPE IT Strategy, Using yoga for stress Management, Balancing your body budget with sleep</p> <p>Module 3: Effective Communication Skills, Being Assertive Without Being Aggressive, Getting Your Point Across</p> <p>Module 4: Problems and Conflict Resolution</p> <p>Module 5: Growth Mindset, Resilience and Perseverance</p>	<p>Module 1: Skills, Abilities, Interests, and Career, Purpose, Growth Mindset</p> <p>Module 2: SCOPE it strategy, Using Meditation for Stress Management, Balancing your body budget with mental focus</p> <p>Module 3: Respectful Discussions, Standing Up for Yourself and others</p> <p>Module 4: Empathy and Compassion</p> <p>Module 5: Flexible Thinking, Overcoming Obstacles with Optimism</p>
Self Management	<p>Module 1: Growth Mindset, Values</p> <p>Module 2: SCOPE it strategy</p> <p>Module 3: Reflection</p> <p>Module 4: Problems Solving</p>	<p>Module 1: Strength and Interests, Point of View, Integrity and Values</p> <p>Module 2: SCOPE it strategy</p> <p>Module 5: Overcoming Obstacles with Optimism</p>	<p>Module 1: Character Strength, Perspective</p> <p>Module 2: SCOPE IT Strategy</p> <p>Module 4: Problems and Conflict Resolution</p> <p>Module 5: Growth Mindset, Resilience and Perseverance</p>	<p>Module 1: Skills, Abilities, Interests, and Career, Purpose, Growth Mindset</p> <p>Module 2: SCOPE it strategy</p> <p>Module 5: Overcoming Obstacles with Optimism</p>



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Social Awareness	<p>Module 1: Your Predicting brain, Emotional Grannuality, Growth Mindset, Values</p> <p>Module 3: Reflection, Apologies and Forgiveness</p> <p>Module 4: Empathy and Compassion, Being Assertive and Using Refusal Strategies, Gratitude</p> <p>Module 5: Resilience and perseverance, Flexible Thinking</p>	<p>Module 1:Your Predicting Brain, Point of View, Integrity and Values , Values</p> <p>Module 3: Public Speaking, Standing Up for Yourself, Agree to Disagree</p> <p>Module 4: Respect, Gratitude</p> <p>Module 5: Flexible Thinking</p>	<p>Module 1: Your Predicting Brain, Ethics and Integrity, Persepctive, Character Strength</p> <p>Module 3: Effecitve Communication skills, Being Assertive Without Being Aggressive, getting your point across</p> <p>Module 4: Gratitude, Consequences of Peer Pressure, Giving and Receiving Help</p> <p>Module 5: Growth Mindset, Resilience and Perseverance</p>	<p>Module 1: Your Predicting Brain, Skills, Abilities, Interests, Careers, Growth Mindset</p> <p>Module 3: Apologies and Forgiveness, Respectful Discussions, Standing Up for Yourself and others</p> <p>Module 4: Gratitude, Empathy and Compassion</p> <p>Module 5: Flexible Thinking, Resilience and Perseverance</p>
Social Awareness	<p>Module 1: Growth Mindset, Values</p> <p>Module 3: Reflection, Apologies and Forgiveness</p> <p>Module 4: Empathy and Compassion, Gratitude</p> <p>Module 5: Flexible Thinking</p>	<p>Module 1:Your Predicting Brain, Point of View</p> <p>Module 3: Public Speaking, Standing Up for Yourself, Agree to Disagree</p> <p>Module 4: Respect, Gratitude</p> <p>Module 5: Flexible Thinking</p>	<p>Module 1: Your Predicting Brain, Persepctive, Character Strength</p> <p>Module 3: Effecitve Communication skills, Being Assertive Without Being Aggressive, getting your point across</p> <p>Module 4: Gratitude, Giving and Receiving Help</p> <p>Module 5: Growth Mindset</p>	<p>Module 1: Your Predicting Brain, Skills, Abilities, Interests, Careers, Growth Mindset</p> <p>Module 3: Apologies and Forgiveness, Respectful Discussions, Standing Up for Yourself and others</p> <p>Module 4: Gratitude, Empathy and Compassion, Teamwork and Collaboration</p> <p>Module 5: Flexible thinking</p>



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Social Awareness	<p>Module 1: Your Predicting brain, Emotional Grannuality, Values</p> <p>Module 2: Stress Management: Mandalas</p> <p>Module 3: Reflection, Apologies and Forgiveness</p> <p>Module 4: Empathy and Compassion, Gratitude</p>	<p>Module 1:Your Predicting Brain, Point of View</p> <p>Module 2: Stress Management: Zentangles</p> <p>Module 3: Standing Up for Yourself</p> <p>Module 4: Respect, Gratitude</p>	<p>Module 1: Your Predicting Brain, Persepctive, Character Strength</p> <p>Module 2: Using yoga for Stress Management</p> <p>Module 3: Effecitve Communication skills, Being Assertive Without Being Aggressive, getting your point across</p> <p>Module 4: Gratitude, Giving and Receiving Help</p>	<p>Module 1: Your Predicting Brain, Skills, Abilities, Interests, Careers</p> <p>Module 2: Using Meditation for Stress Management</p> <p>Module 3: Apologies and Forgiveness, Respectful Discussions, Standing Up for Yourself and others</p> <p>Module 4: Gratitude, Empathy and Compassion, Teamwork and Collaboration</p>
Social Awareness	<p>Module 1: Growth Mindset, Values</p> <p>Module 3: Reflection, Healthy Relationships, Apologies and Forgiveness</p> <p>Module 5: Flexible Thinking</p>	<p>Module 1: Integrity and Values, Values, Point of View</p> <p>Module 3: Public Speaking, Agree to Disagree</p> <p>Module 4: Conflict Resolution, Negotiation, Respect, Gratitude</p> <p>Module 5: Flexible Thinking</p>	<p>Module 1: Ethics and Integrity, Persepctive, Character Strength</p> <p>Module 3: Effecitve Communication skills, Getting Your Point Across</p> <p>Module 4: Problems and Conflict Resolution, Gratitude, Giving and Receiving Help</p> <p>Module 5: Growth Mindset</p>	<p>Module 1: Skills, Abilities, Interests, Careers, Growth Mindset, Purpose</p> <p>Module 3: Apologies and Forgiveness, Respectful Discussions, Standing Up for Yourself and others</p> <p>Module 5: Flexible thinking</p>
Social Awareness	<p>Module 3: Healthy Relationships, Apologies and Forgiveness</p>	<p>Module 3: Public Speaking, Agree to Disagree</p>	<p>Module 1: Character Strength</p> <p>Module 3: Being Assertive Without Being Aggressive, getting your point across</p> <p>Module 4: Consequences of Peer Pressure</p>	<p>Module 1: Skills, Abilities, Interests, Careers, Purpose</p> <p>Module 3: Apologies and Forgiveness, Respectful Discussions, Standing Up for Yourself and others</p>



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Social Awareness	Module 2: SCOPE IT strategy Module 3: Reflection, Healthy Relationships, Apologies and Forgiveness Module 4: Problem Solving, Being Assertive and Using Refusal Strategies Module 5: SMART Goals, Flexible Thinking	Module 2: SCOPE IT strategy Module 3: Public Speaking Module 4: Conflict Resolution, Negotiation Module 5: Flexible Thinking, SMART Goals	Module 2: SCOPE IT strategy Module 3: Effective Communication skills, Being Assertive Without Being Aggressive, getting your point across Module 4: Problems and Conflict Resolution Module 5: SMART Goals	Module 2: SCOPE IT strategy Module 3: Apologies and Forgiveness, Respectful Discussions Module 5: Flexible Thinking, SMART Goals
Social Awareness	Module 1: Growth Mindset, Values Module 2: SCOPE IT strategy Module 3: Reflection Module 4: Problem Solving, Being Assertive and Using Refusal Strategies Module 5: Resilience and perseverance, Flexible Thinking, SMART Goals	Module 1: Integrity and Values, Values, Point of View Module 2: SCOPE IT strategy Module 3: Public Speaking, Standing Up for Yourself, Agree to Disagree Module 4: Conflict Resolution, Negotiation Module 5: Flexible Thinking, Overcoming Obstacles with Optimism, SMART Goals	Module 3: Effective Communication skills, Being Assertive Without Being Aggressive, getting your point across Module 4: Consequences of Peer Pressure, Problems and Conflict Resolution Module 5: Growth Mindset, Resilience and Perseverance, SMART Goals	Module 1: Skills, Abilities, Interests, Careers, Growth Mindset Module 2: SCOPE IT strategy Module 3: Standing Up for Yourself and others Module 5: Flexible Thinking, Resilience and Perseverance, SMART Goals
Social Awareness	Module 1: Values Module 3: Reflection Module 5: Flexible Thinking, SMART Goals	Module 1: Integrity and Values, Values, Point of View Module 3: Standing Up for Yourself, Agree to Disagree Module 5: Flexible Thinking, SMART Goals	Module 1: Perspective, Character Strength Module 3: Effective Communication skills Module 5: SMART Goals	Module 1: Skills, Abilities, Interests, Careers Module 3: Standing Up for Yourself and others Module 5: Flexible Thinking, SMART Goals



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Social Awareness	Module 2: SCOPE IT strategy Module 3: Reflection Module 4: Gratitude, Empathy and Compassion Module 5: Flexible Thinking, SMART Goals	Module 1: Point of View Module 2: SCOPE IT strategy Module 3: Public Speaking, Standing Up for Yourself, Agree to Disagree Module 4: Negotiation, Respect, Gratitude Module 5: Flexible Thinking, SMART Goals	Module 1: Persepctive Module 2: SCOPE IT strategy Module 3: Getting Your Point Across Module 4: Gratitude, Giving and Receiving Help Module 5: SMART Goals	Module 2: SCOPE IT strategy Module 3: Respectful Discussions, Standing Up for Yourself and others Module 4: Gratitude, Empathy and Compassion, Teamwork and Collaboration Module 5: Flexible Thinking, SMART Goals
Social Awareness	Module 1: Values Module 3: Reflection Module 4: Gratitude, Empathy and Compassion Module 5: Resilience and perseverance, Flexible Thinking, SMART Goals	Module 1: Integrity and Values, Values, Point of View Module 4: Negotiation, Respect, Gratitude Module 5: Flexible Thinking, Overcoming Obstacles with Optimism, SMART Goals	Module 1: Ethics and Integrity, Persepctive, Character Strength Module 3: Effecitve Communication skills, Being Assertive Without Being Aggressive, getting your point across Module 4: Gratitude Module 5: Resilience and Perseverance, SMART Goals	Module 1: Skills, Abilities, Interests, Careers Module 3: Respectful Discussions, Standing Up for Yourself and others Module 4: Gratitude, Empathy and Compassion, Teamwork and Collaboration Module 5: Flexible Thinking, Resilience and Perseverance, SMART Goals
Social Awareness	Module 1: Values Module 3: Reflection Module 4: Gratitude, Empathy and Compassion Module 5: Resilience and perseverance, Flexible Thinking, SMART Goals	Module 1: Integrity and Values, Values Module 4: Respect, Gratitude Module 5: Flexible Thinking, SMART Goals	Module 1: Ethics and Integrity Module 4: Gratitude, Giving and Receiving help Module 5: Resilience and Perseverance, SMART Goals	Module 1: Skills, Abilities, Interests, Careers Module 4: Gratitude, Empathy and Compassion Module 5: Flexible Thinking, Resilience and Perseverance, SMART Goals



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Domain	Grade 9	Grade 10	Grade 11	Grade 12
Social Awareness	Module 1: Growth Mindset, Values Module 4: Gratitude, Empathy and Compassion Module 5: Flexible Thinking	Module 1: Integrity and Values, Values, Point of View Module 3: Public Speaking, Standing Up for Yourself, Agree to Disagree Module 4: Gratitude Module 5: Flexible Thinking, Overcoming Obstacles with Optimism	Module 1: Ethics and Integrity, Persepctive, Character Strength Module 4: Gratitude Module 5: Flexible Thinking, Growth Mindset	Module 1: Skills, Abilities, Interests, Careers, Growth Mindset Module 3: Standing Up for Yourself and others Module 4: Gratitude, Empathy and Compassion Module 5: Flexible thinking
Social Awareness	Module 1: Growth Mindset, Values Module 2: SCOPE IT strategy, Stress Management: Manadalas Module 3: Reflection, Apologies and Forgiveness Module 4: Problem Solving, Being Assertive and Using Refusal Strategies, Empathy and Compassion Module 5: Resilience and perseverance, Flexible Thinking	Module 1: Integrity and Values, Values Module 2: SCOPE IT strategy, Stress Management: Zentangles Module 3: Public Speaking, Standing Up for Yourself, Agree to Disagree Module 4: Conflict Resolution, Negotiation, Respect, Gratitude Module 5: Flexible Thinking, Overcoming Obstacles with Optimism	Module 1: Ethics and Integrity, Character Strength Module 2: SCOPE IT strategy, Using yoga for Stress Management Module 3: Effecitve Communication skills, Being Assertive Without Being Aggressive, getting your point across Module 4: Gratitude, Giving and Receiving Help Module 5: Resilience and Perseverance, Growth Mindset	Module 1: Skills, Abilities, Interests, Careers, Growth Mindset Module 2: SCOPE IT strategy, Using Meditation for Stress Management Module 3: Apologies and Forgiveness, Standing Up for Yourself and others Module 4: Gratitude, Empathy and Compassion, Teamwork and Collaboration Module 5: Flexible Thinking, Resilience and Perseverance



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Domain	Grade 9	Grade 10	Grade 11	Grade 12
Relationship Skills	Module 3: Healthy Relationships Module 4: Empathy and compassion, Being Assertive and Using Refusal Strategies Module 5: Flexible Thinking	Module 3: Public Speaking, Standing Up for Yourself, Agree to Disagree Module 4: Negotiation, Respect, Gratitude Module 5: Flexible Thinking, Overcoming Obstacles with Optimism	Module 3: Effective Communication skills, Being Assertive Without Being Aggressive, getting your point across Module 4: Gratitude, Giving and Receiving Help	Module 1: Skills, Abilities, Interests, Careers Module 3: Respectful Discussions, Standing Up for Yourself and others Module 4: Gratitude, Empathy and Compassion, Teamwork and Collaboration Module 5: Flexible thinking
Relationship Skills	Module 5: Resilience and perseverance, Flexible Thinking	Module 5: Flexible Thinking	Module 5: Resilience and perseverance	Module 5: Flexible Thinking, Resilience and Perseverance
Relationship Skills	Module 1: Values Module 2: SCOPE IT strategy Module 3: Reflection, Healthy Relationships Module 4: Being Assertive and Using Refusal Strategies Module 5: Resilience and perseverance, Flexible Thinking	Module 1: Strengths and Interests, Integrity and Values, Values Module 2: SCOPE IT strategy Module 3: Standing Up for Yourself, Agree to Disagree Module 5: Flexible Thinking, Overcoming Obstacles with Optimism	Module 1: Ethics and Integrity, Character Strength Module 2: SCOPE IT strategy Module 3: Effective Communication skills, Getting Your Point Across Module 4: Consequences of peer pressure Module 5: Resilience and perseverance	Module 1: Skills, Abilities, Interests, Careers, Purpose Module 2: SCOPE IT strategy Module 3: Standing Up for Yourself and others Module 5: Flexible Thinking, Resilience and Perseverance



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Domain	Grade 9	Grade 10	Grade 11	Grade 12
Relationship Skills	Module 2: Body Budget: Eating Healthy, Stress Management: Mandalas Module 3: Healthy Relationships Module 4: Being Assertive and Using Refusal Strategies	Module 2: Body Budget: Exercise, Stress Management: Zentangles Module 3: Standing Up for Yourself, Agree to Disagree Module 4: Respect	Module 2: Balancing Your Body Budget with sleep, Using yoga for Stress Management Module 3: Effective Communication skills, Being Assertive Without Being Aggressive, getting your point across Module 4: Gratitude, Giving and Receiving Help	Module 2: Balancing Your Body Budget with Mental Focus, Using Meditation for Stress Management Module 3: Respectful Discussions, Standing Up for Yourself and others Module 4: Gratitude, Teamwork and Collaboration
Relationship Skills	Module 1: Your Predicting Brain, Emotional Granuality, Values Module 2: Stress Management: Mandalas Module 3: Reflection, Apologies and Forgiveness Module 4: Gratitude, Empathy and Compassion Module 5: Flexible Thinking	Module 1: Your Predicting Brain, Integrity and Values, Values, Strengths and Interests Module 2: Stress Management: Zentangles Module 3: Agree to Disagree Module 4: Respect, Gratitude Module 5: Flexible Thinking	Module 1: Your Predicting Brain, Ethics and Integrity, Character Strength Module 2: Using yoga for Stress Management Module 3: Being Assertive Without Being Aggressive Module 4: Gratitude, Giving and Receiving Help	Module 1: Your Predicting Brain, Skills, Abilities, Interests, Careers Module 2: Using Meditation for Stress Management Module 3: Apologies and Forgiveness, Respectful Discussions Module 4: Gratitude, Empathy and Compassion, Teamwork and Collaboration Module 5: Flexible thinking



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Domain	Grade 9	Grade 10	Grade 11	Grade 12
Relationship Skills	<p>Module 2: SCOPE IT strategy, Body Budget: Eating Healthy, Stress Management: Mandalas</p> <p>Module 3: Healthy Relationships, Apologies and Forgiveness</p> <p>Module 4: Problem Solving, Being Assertive and Using Refusal Strategies, Gratitude</p> <p>Module 5: Resilience and perseverance, Flexible Thinking, SMART Goals</p>	<p>Module 1: Strengths and Interests</p> <p>Module 2: SCOPE IT strategy, Body Budget: Exercise, Stress Management: Zentangles</p> <p>Module 3: Standing Up for Yourself, Agree to Disagree</p> <p>Module 4: Conflict Resolution, Negotiation, Respect, Gratitude</p> <p>Module 5: Flexible Thinking, Overcoming Obstacles with Optimism, SMART Goals</p>	<p>Module 1: Character Strength</p> <p>Module 2: SCOPE IT strategy, Balancing Your Body Budget with sleep, Using yoga for Stress Management</p> <p>Module 3: Effective Communication skills, Being Assertive Without Being Aggressive</p> <p>Module 4: Problems and Conflict Resolution, Gratitude, Giving and Receiving Help</p> <p>Module 5: Resilience and Perseverance, SMART Goals</p>	<p>Module 1: Skills, Abilities, Interests, Careers</p> <p>Module 2: SCOPE IT strategy, Balancing Your Body Budget with Mental Focus, Using Meditation for Stress Management</p> <p>Module 3: Apologies and Forgiveness, Respectful Discussions, Standing Up for Yourself and others</p> <p>Module 4: Gratitude</p> <p>Module 5: Flexible Thinking, Resilience and Perseverance, SMART Goals</p>
Relationship Skills	<p>Module 1: Growth Mindset, Values</p> <p>Module 3: Reflection, Healthy Relationships, Apologies and Forgiveness</p> <p>Module 4: Gratitude, Empathy and compassion</p> <p>Module 5: Resilience and perseverance, Flexible Thinking</p>	<p>Module 1: Strengths and Interests, Values, Integrity and Values</p> <p>Module 3: Standing Up for Yourself, Agree to Disagree</p> <p>Module 4: Respect, Empathy and Compassion, Negotiation</p> <p>Module 5: Flexible Thinking, Overcoming Obstacles with Optimism</p>	<p>Module 1: Ethics and Integrity, Character Strength</p> <p>Module 3: Effective Communication skills, Being Assertive Without Being Aggressive, getting your point across</p> <p>Module 4: Gratitude, Giving and Receiving Help</p> <p>Module 5: Growth Mindset, Resilience and Perseverance</p>	<p>Module 1: Growth Mindset, Skills, Abilities, Interests, Careers</p> <p>Module 3: Apologies and Forgiveness, Respectful Discussions, Standing Up for Yourself and others</p> <p>Module 4: Gratitude, Empathy and Compassion, Teamwork and Collaboration</p> <p>Module 5: Flexible Thinking, Resilience and Perseverance</p>



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Domain	Grade 9	Grade 10	Grade 11	Grade 12
Relationship Skills	Module 2: SCOPE IT strategy Module 3: Reflection Module 4: Problem Solving, Being Assertive and Using Refusal Strategies Module 5: Resilience and perseverance, Flexible Thinking, SMART Goals	Module 1: Strengths and Interests Module 2: SCOPE IT strategy Module 3: Standing Up for Yourself, Agree to Disagree Module 4: Conflict Resolution, Negotiation Module 5: Flexible Thinking, Overcoming Obstacles with Optimism, SMART Goals	Module 1: Character Strength Module 2: SCOPE IT strategy Module 3: Effective Communication skills, Being Assertive Without Being Aggressive Module 4: Problems and Conflict Resolution, Giving and Receiving Help Module 5: Resilience and Perseverance, SMART Goals	Module 1: Skills, Abilities, Interests, Careers Module 2: SCOPE IT strategy Module 3: Standing Up for Yourself and others Module 4: Teamwork and Collaboration Module 5: Flexible Thinking, Resilience and Perseverance, SMART Goals
	Module 2: SCOPE IT strategy Module 3: Reflection Module 4: Problem Solving, Being Assertive and Using Refusal Strategies Module 5: Resilience and perseverance, Flexible Thinking, SMART Goals	Module 1: Strengths and Interests, Point of View Module 2: SCOPE IT strategy Module 4: Conflict Resolution, Negotiation Module 5: Flexible Thinking, Overcoming Obstacles with Optimism, SMART Goals	Module 1: Perspective, Character Strength Module 2: SCOPE IT strategy Module 4: Problems and Conflict Resolution, Giving and Receiving Help Module 5: Resilience and Perseverance, SMART Goals	Module 1: Skills, Abilities, Interests, Careers Module 2: SCOPE IT strategy Module 4: Teamwork and Collaboration Module 5: Flexible Thinking, Resilience and Perseverance, SMART Goals
	Module 2: SCOPE IT strategy Module 3: Reflection Module 4: Problem Solving, Being Assertive and Using Refusal Strategies Module 5: Resilience and perseverance, Flexible Thinking, SMART Goals	Module 1: Point of View Module 2: SCOPE IT strategy Module 4: Conflict Resolution, Negotiation Module 5: Flexible Thinking, SMART Goals	Module 1: Perspective Module 2: SCOPE IT strategy Module 3: Getting Your Point Across Module 4: Problems and Conflict Resolution Module 5: Resilience and Perseverance, SMART Goals	Module 2: SCOPE IT strategy Module 5: Flexible Thinking, Resilience and Perseverance, SMART Goals



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Domain	Grade 9	Grade 10	Grade 11	Grade 12
Relationship Skills	Module 1: Growth Mindset Module 4: Problem Solving, Being Assertive and Using Refusal Strategies Module 5: Resilience and perseverance, Flexible Thinking	Module 1: Strengths and Interests Module 4: Conflict Resolution, Negotiation Module 5: Flexible Thinking	Module 1: Character Strength Module 4: Problems and Conflict Resolution Module 5: Resilience and Perseverance, Growth Mindset	Module 1: Skills, Abilities, Interests, Careers, Growth Mindset Module 5: Flexible Thinking, Resilience and Perseverance, SMART Goals
Relationship Skills	Module 2: SCOPE IT strategy, Body Budget: Eating Healthy, Stress Management: Mandalas Module 3: Healthy Relationships, Apologies and Forgiveness Module 4: Problem Solving, Being Assertive and Using Refusal Strategies Module 5: Resilience and perseverance, Flexible Thinking, SMART Goals	Module 1: Strengths and Interests Module 2: SCOPE IT strategy, Body Budget: Exercise, Stress Management: Zentangles Module 4: Conflict Resolution, Negotiation Module 5: Flexible Thinking, Overcoming Obstacles with Optimism, SMART Goals	Module 1: Character Strength Module 2: SCOPE IT strategy, Balancing Your Body Budget with sleep, Using yoga for Stress Management Module 3: Effective Communication skills Module 4: Problems and Conflict Resolution Module 5: Resilience and Perseverance, SMART Goals	Module 1: Skills, Abilities, Interests, Careers Module 2: SCOPE IT strategy, Balancing Your Body Budget with Mental Focus, Using Meditation for Stress Management Module 3: Apologies and Forgiveness, Respectful Discussions Module 4: Teamwork and Collaboration Module 5: Flexible Thinking, Resilience and Perseverance, SMART Goals
Relationship Skills	Module 3: Reflection	Module 1: Point of View	Module 1: Perspective	N/A the Standards Had No Sub-domain or Indicator
Relationship Skills	Module 3: Reflection Module 5: Flexible Thinking, SMART Goals	Module 1: Strengths and Interests Module 5: Flexible Thinking, SMART Goals	Module 1: Character Strength Module 5: SMART Goals	Module 1: Skills, Abilities, Interests, Careers Module 5: Flexible Thinking, SMART Goals



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Domain	Grade 9	Grade 10	Grade 11	Grade 12
Relationship Skills	Module 1: Values Module 3: Apologies and Forgiveness Module 4: Gratitude, Empathy and compassion, Being Assertive and Using Refusal Strategies Module 5: Resilience and perseverance, Flexible Thinking	Module 1: Values, Integrity and Values, Point of View Module 4: Respect, Gratitude, Empathy and Compassion Module 5: Flexible Thinking	Module 1: Persepctive Module 4: Gratitude, Giving and Receiving Help Module 5: Resilience and Perseverance	Module 3: Apologies and Forgiveness, Respectful Discussions Module 4: Gratitude, Empathy and Compassion, Teamwork and Collaboration Module 5: Flexible thinking
Relationship Skills	Module 1: Growth Mindset, Values Module 2: SCOPE IT strategy, Body Budget: Eating Healthy, Stress Management: Mandalas Module 3: Healthy Relationships, Apologies and Forgiveness Module 4: Problem Solving, Being Assertive and Using Refusal Strategies, Gratitude, Empathy and Compassion Module 5: Resilience and perseverance, Flexible Thinking	Module 1: Values, Integrity and Values, Strengths and Interests Module 2: SCOPE IT strategy, Body Budget: Exercise, Stress Management: Zentangles Module 4: Conflict Resolution, Negotiation, Gratitude, Empathy and Compassion Module 5: Flexible Thinking	Module 1: Ethics and Integrity, Character Strength Module 2: SCOPE IT strategy, Balancing Your Body Budget with sleep, Using yoga for Stress Management Module 4: Problems and Conflict Resolution, Gratitude, Giving and Receiving Help, Consequences of peer pressure Module 5: Resilience and Perseverance, Growth Mindset	Module 1: Growth Mindset, Skills, Abilities, Interests, Careers Module 2: SCOPE IT strategy, Balancing Your Body Budget with Mental Focus, Using Meditation for Stress Management Module 3: Apologies and Forgiveness, Respectful Discussions Module 4: Gratitude, Empathy and Compassion, Teamwork and Collaboration Module 5: Flexible thinking



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Domain	Grade 9	Grade 10	Grade 11	Grade 12
Relationship Skills	Module 1: Values Module 3: Reflection, Healthy Relationships Module 4: Problem Solving, Being Assertive and Using Refusal Strategies Module 5: Resilience and perseverance, Flexible Thinking	Module 1: Values, Integrity and Values Module 3: Standing Up for Yourself Module 4: Conflict Resolution, Negotiation Module 5: Flexible Thinking	Module 1: Ethics and Integrity, Character Strength Module 3: Effective Communication skills Module 4: Problems and Conflict Resolution, Consequences of peer pressure Module 5: Resilience and Perseverance	Module 1: Purpose Module 3: Respectful Discussions, Standing Up for Yourself and others Module 4: Teamwork and Collaboration Module 5: Flexible thinking
Relationship Skills	Module 1: Growth Mindset Module 5: Flexible Thinking	Module 1: Strengths and Interests, Point of View, Integrity and Values Module 4: Negotiation Module 5: Flexible Thinking, Overcoming Obstacles with Optimism	Module 1: Ethics and Integrity, Character Strength, Perspective Module 5: Growth Mindset	Module 1: Growth Mindset Module 5: Overcoming Obstacles with Optimism, Flexible thinking
Relationship Skills	Module 1: Growth Mindset Module 2: SCOPE IT strategy, Body Budget: Eating Healthy, Stress Management: Mandalas Module 3: Reflection Module 5: Resilience and perseverance, Flexible Thinking	Module 1: Strengths and Interests, Point of View, Integrity and Values Module 2: SCOPE IT strategy, Body Budget: Exercise, Stress Management: Zentangles Module 5: SMART Goals, Flexible Thinking, Overcoming Obstacles with Optimism	Module 1: Ethics and Integrity, Character Strength, Perspective Module 2: SCOPE IT strategy, Balancing Your Body Budget with sleep, Using yoga for Stress Management Module 5: Resilience and Perseverance, Growth Mindset, SMART Goals	Module 1: Growth Mindset Module 2: SCOPE IT strategy, Balancing Your Body Budget with Mental Focus, Using Meditation for Stress Management Module 4: Teamwork and Collaboration Module 5: SMART Goals, Overcoming Obstacles with Optimism, Flexible thinking



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Domain	Grade 9	Grade 10	Grade 11	Grade 12
Relationship Skills	Module 1: Growth Mindset Module 2: SCOPE IT strategy, Body Budget: Eating Healthy, Stress Management: Mandalas Module 3: Reflection Module 4: Problem Solving, Being Assertive and Using Refusal Strategies Module 5: Resilience and perseverance, Flexible Thinking, SMART Goals	Module 1: Strengths and Interests, Point of View Module 2: SCOPE IT strategy, Body Budget: Exercise, Stress Management: Zentangles Module 4: Conflict Resolution Module 5: SMART Goals, Flexible Thinking, Overcoming Obstacles with Optimism	Module 1: Character Strength, Perspective Module 2: SCOPE IT strategy, Balancing Your Body Budget with sleep, Using yoga for Stress Management Module 4: Problems and Conflict Resolution, Consequences of peer pressure Module 5: Resilience and Perseverance, Growth Mindset, SMART Goals	Module 1: Growth Mindset Module 2: SCOPE IT strategy, Balancing Your Body Budget with Mental Focus, Using Meditation for Stress Management Module 4: Teamwork and Collaboration Module 5: SMART Goals, Overcoming Obstacles with Optimism, Flexible thinking